

ASHA KA JHARNA

Annual Activity Report (April 2021 to March 2022)

This annual activity report for the period April 2021 to March 2022 of **Asha Ka Jharna (AKJ)** special schools is aimed to depict, describe and list various activities undertaken with children, staff and community members during the preceding period. The report also illustrates the various events organized by the organization, visits of prominent personalities, awards, honors and accreditations received etc.

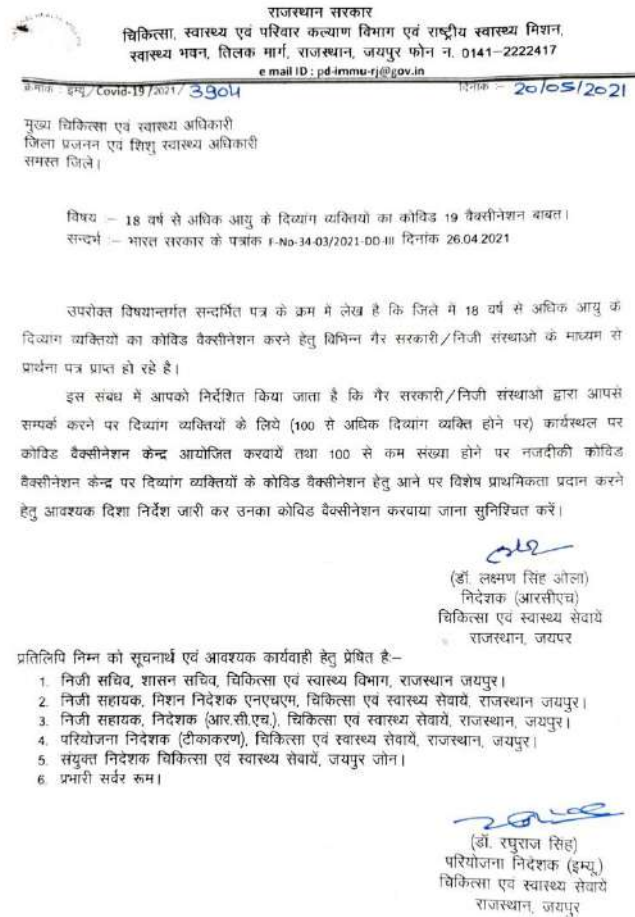
Compliances Achieved:

Asha Ka Jharna got registered with Ministry of Corporate Affairs to implement CSR projects in collaboration with eligible corporates under Section 135 of Companies Act 2020. We also got our Income Tax 12AB and 80G registrations revalidated for five years till March 2026. Our FCRA designated account at State Bank of India New Delhi Main Branch got approved and operational. FRCA renewal application was also filed by us and granted till March 2027 by MHA.

- ❖ Ministry of Social Justice streamlined and made accessible issuance of disability certificates on UDID portal PAN India thereby bypassing multiple visits to hospital and wait for doctors at camps. In Rajasthan alone, two Lacs UDID cards are yet to be issued as per latest dashboard. We took up this issue with media and secretary, social justice, Govt of Rajasthan. Block level camps are now being organized to clear the backlog.
- ❖ We successfully completed a certificate course after rigorous 4 months of training and learnings attained through covering following modules: NGO Formation, Governance & Legal Compliances; Program & Project Development & Management; Resource Mobilisation & Fund Raising ; CSR Law & NGO Partnership ; Writing Project Proposal ; Budgeting , Financial Management & Book Keeping ; Office Management , Documentation & Reporting ; Stakeholder Engagement, Digital Presence & Communication



- ❖ Our sustained advocacy yielded positive result. Order for priority COVID vaccination of persons with disabilities and through special camps got issued at Rajasthan. We had urged and continuously followed up with state government authorities (senior beaurocrates & state disability commissioner) for this legitimate right.



- ❖ Special Covid Vaccination Camp for Persons with Disabilities was organized at Asha Ka Jharna Special School Sikar in coordination with Health department. 146 persons were vaccinated first dose of Covishield thus providing them protection cover against the deadly virus. N 95 mask and Hand Sanitizer were provided to each of beneficiaries to reinforce practice of safe behaviour. Snacks and beverages were also arranged by us.



❖ **Another Successful Advocacy Drive By Us:**

Pic 1: Handrails installation at Interstate Bus Terminal Jaipur under Accessible India Campaign

Pic 2: Vandalism by Canteen contractor in connivance with authorities

We made a complaint to state disability commissioner and followed up rigorously. By continuously chasing the roadways authorities.

Pic 3: Reinstalled Handrails



- ❖ We delivered two virtual sessions on Govt schemes and concessions for persons with disabilities for ICPS functionaries at Jammu and Kashmir. In depth provisions of RPD Act and various central schemes were explained to participants.



- ❖ AKJ chief executive Sudeep Goyal attended Executive Committee meet of National Institute for Empowerment of Persons with Intellectual Disabilities (NIEPID) on 11th June. Agenda comprised many issues of organizational development, policy matters and strategic decisions on which productive and constructive brainstorming was done.
- ❖ Summer Buzz (Two weeks online workshop on Self – defense, musical instruments, theatre, martial arts and African mask making) organized by Shaurya Foundation Trust, New Delhi was attended by two of our educators. Learnings were shared with other team members to plan more creative classroom sessions with children. Similarly, five days Contemporary Dance & Craft Workshop organized by Aura Academy Jaipur was attended by our special educator and six of our children where they learnt craft activities and practiced movement.

- ❖ Thirty-Four Children orphaned during the Corona epidemic were assisted by us with financial support from DIFK Germany under Project SAMBAL. 15 families were provided ration material, school fees, financial assistance for daughters, sewing machine for livelihood and material for small business. In a brief event held on 5th July, Sikar District Collector Avichal Chaturvedi, Assistant Director, Social Empowerment Department Omprakash Rahad, AD Child Empowerment Priyanka Pareek, CHILDLINE Sikar Coordinator Rahul Danodia and AKJ Coordinator Tarun Dubey distributed aid checks, sewing machines and ration materials to the families. District Collector also instructed the department to link the eligible families with the social security schemes. Our team identified the orphan children, did pre and post field verifications and hand held the families throughout the intervention.



After distribution, we did two quarterly follow ups with the families assisted and were satisfied with the rehabilitation pace.

- ❖ District steering committee on accessible elections chaired by District Collector Jhunjhunu was attended by our chief functionary Sudeep Goyal as expert speaker on 14th July. He provided many insights and model best

practices to government officials to include all persons with disabilities into electoral process. He offered technical knowhow in making barrier free polling booths in the district. We also enrolled more than one hundred new eligible voters into the system as well as provided list of two hundred prospective voters with disabilities.

- ❖ Under CBM – PARIVAAR Livelihood project for persons with intellectual disabilities being steer headed by us, Validation and cross verification of baseline skill assessment forms from Nim Ka Thana block (Rajasthan) done by our senior special educator Mr Ashish Sharma. He interviewed PwIDDs and their families to build upon future course of action here under Livelihood Project. On 21st July, a brainstorming session by Muskan New Delhi was conducted to design multiple models of livelihood for the chosen self-advocates as per their choice, skill set, capacity & capability, opportunities available in the local demography. Further on 11th August, an exciting session on livelihood options for PwIDDs was attended by us where Mr Suresh Dhondge from PARIVAAR touched upon various dimensions of approaching local establishments for securing open employment, moral boost up & handholding, financial linkage, monitoring & impact, local self-help group connect, awareness creation and sensitizing PRIs, livelihood basket assessment, capacity of PwIDD as well as his family, potential of environment, community and Govt. It was a though provoking session aimed at out of box thinking while planning for PwID livelihood.
- ❖ On 24th and 31st July, Executive meetings of PARIVAAR NCPO were called to discuss its constitution amendment. In the capacity of draft committee core member, our chief functionary explained to members all proposed amendments and rational behind these.
- ❖ On 28th – 29th July, two days training sessions on Universal Design of Learning (UDL) were attended by four of our special educators. This CRE was conducted by National Institute for Empowerment of Persons with Intellectual Disabilities (NIEPID) where subject experts explained in details about three UDL principles **engagement** (Look for ways to motivate learners and sustain their interest), **representation** (Offer information in more than one format) **and action & expression** (Give learners more than

one way to interact with the material and to show what they know). Multiple means and ways to implement these principles through instructional methods and tools are used by educators in a classroom full of students with diverse needs so as to ensure that ALL students have an equal opportunity to learn. By facilitating the design and implementation of a flexible, responsive curriculum, UDL offers options for how information is presented, how students respond or demonstrate their knowledge and skills, and how students are engaged in learning. UDL framework helps teachers design learning experiences that accommodate the varying level of skills and abilities among students and reduce the need for special adaptations for students with disabilities. UDL implementation provides the opportunity for all students to access, participate in, and progress in the curriculum by reducing barriers to instruction.

Key learnings of this training were subsequently shared by all four of them to AKJ team mates in a formal debriefing session.

- ❖ As part of convergence with Govt schemes, we provided services of our team member to state government from 17th to 31st July to help beneficiaries fill applications for social security schemes. More than one hundred children including those with disabilities benefitted from this outreach service.
- ❖ On 03rd August, AKJ team volunteered during the identification and certification camp for persons with disabilities held at Panchayat Samiti, Nawalgarh organized by Medical & Health Department. Our special educators assisted in filling of application & registration forms of the Persons with Disabilities and provided guidance to them. More than 200 families were served in the camp.
- ❖ We are pleased to inform that our inclusive education program for higher classes kicked off at Nawalgarh as expected. Seven of our alumni (children with hearing impairment who cleared Grade VIII from AKJ during recent two years and were sitting idle at home) were admitted into regular stream school 'Rajasthan Public Senior Secondary School' Grade IX & X by us. Their classes are being conducted regularly since August both at AKJ and that school. At AKJ also, as subjects to be taught are of higher order, we have engaged two special educators in rotation (Hindi, English & Social Studies - One and Mathematics, Science & Sanskrit - Another). At regular

school, our educator assists regular teacher in inclusive class room translating curriculum transaction in sign language to our students. Both school children have embraced inclusiveness really well and started making friends. Another positive highlight is that out of seven students, six are girls.

Going further, we have also zeroed in one Government school at Sikar district where few children with disabilities are enrolled but not getting any inputs. We have offered our handholding to their principal and will soon take things forward by way of remedial inclusive teaching.



- ❖ We never miss to seize inclusive opportunity which alter the mindsets of community towards disability. Birthday celebration of Master Priyansh saw him and his family getting jelled with our children effortlessly and enjoying the party on 15th August following Independence Day festivities. Team Haritima gifted us potted indoor plants while we presented a beautiful craft piece created by our children.



- ❖ A webinar on challenges and way forward in effective implementation of Open Basic Education stream of National Institute of Open Schooling was attended by us on 17th August where we presented difficulties in learner enrolment due to less digital literacy and apathy of families. Erratic academic calendar and late results also demotivated the parents to opt for this otherwise good program for learners from disadvantaged strata including children with disabilities.



- ❖ Two days accessibility workshop with representatives from Disabled persons organizations and PWD Engineers, Architects & Town Planners across six districts of Rajasthan aiming barrier free enabling built environment was organized by Samarthyam under UNESCAP program on 31st August &

01 September where AKJ chief functionary Sudeep Goyal in the capacity of certified access auditor shared his experience in making 80 buildings at Jaipur accessible for persons with reduced abilities. He guided the participants in identification of barriers and ways to remove these in a mock drill.



❖ Some glimpses of inclusion through festival celebrations:



Ganesh Chaturthi with Alliance Club



दिव्यांग बच्चों को रक्षा सूत्र बांधा, समाज की मुख्यधारा में जोड़ने का लिया संकल्प



सिकर | आशा का इरना विशेष स्कूल के मासिक निर्मित एवं मूक बधिर बच्चों के लिए ब्रह्म कुमारी संस्थान में एक विशेष कार्यक्रम आयोजित किया गया। इसमें दिव्यांग बच्चों को रक्षा सूत्र बांधकर उन्हें समाज की मुख्यधारा में जोड़ने का संकल्प लिया गया।

Raksha Bandhan with Bramham Kumaris (Om Shanti)
Janmashtami within local community

- ❖ Second COVID Vaccination Camp for Persons with Disabilities was organized by us at our Sikar school on 18th September where 97 persons were given Covishield shots. Hand sanitizer and N 95 masks were provided to all. During the first camp in June, 146 persons with disabilities were vaccinated.



❖ Project Deep Rashmi ! 51000 Designer Diyas (Deepawali Deepak) will be marketed this festival season with the facilitation of women and



child development department Jhunjhunu. Special Child Akshay and Adnan, Additional District Collector JP Gaur, SDM Shailesh Khairwa released designer lamps on 22nd September. Assistant Director, WE Viplav Neola, Sudeep Goyal, Coordinator Vinod Saini, Rajesh

Kumar and Public Relations Officer Himanshu Singh were present on this occasion. Sale proceeds will be utilized on education, training and welfare of children with disabilities at Asha Ka Jharna.



- ❖ Training and Learning Material Kits worth three lacs rupees were distributed free of cost to twenty of our children with intellectual disabilities from low-income families under ADIP scheme by NIEPID (Department of Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment, Govt of India) on 23rd September. TLM kits help children with intellectual disabilities develop skills in the domains of self-help; pre academic concepts; basic socio communication; prevocational & vocational; functional reading; functional writing; functional arithmetic and multiple such learning areas. Use of TLMs would enable educators and parents to involve and engage children with intellectual disabilities effectively in classroom and home settings in meaningful manner. Different types of TLMs kits have been scientifically and systematically developed by experts after careful consideration of child age-appropriate individual needs and abilities. At a event held at AKJ Jhunjhunu, NIEPID northern regional center senior social worker Ms Shabari Ghosh trained & oriented parents and educators about use of different components in the kits. Deputy Director Women & Child Development and Assistant Director Social Justice & Empowerment graced the occasion and appreciated our efforts to organize this first camp at Rajasthan. We would also strive to get these kits accessible to other children and families in the state through our advocacy.



- ❖ We have also been using Snake & Ladder game developed by RMKM, Ajmer with community here to sensitize them about disability issues.



- ❖ On the occasion of World Tourism Day on 27th September, our Sikar school children visited Govt Museum. They were entertained by Puppeteers and Tour Guides. Additional District Collector Dhara Singh Meena appreciated our inclusive approach.



- ❖ On the occasion of Gandhi Jayanti, our children at Sikar school, did Shramdaan in the school premises and locality, spreading the message of cleanliness. Along with this, the sanitation workers were also felicitated by them reinforcing empathy and inclusion in community.



❖ District Level Games for Children with Disabilities were organized by Asha Ka Jharna on 7th October at Jhunjhunu. More than one hundred children with intellectual disabilities and hearing impairment from our Nawalgarh and Jhunjhunu schools enthusiastically participated in 15 sporting events including fifty & one-hundred-meter race, softball throw, shot put, standing jump, long jump etc. Chief guest of the program was Mr. Rajiv Kulhar of Social Justice & Empowerment Department Jhunjhunu who provided information about Government schemes. Wheel chairs were distributed to two persons with locomotor disability.



- ❖ Dance Movement Therapy workshop by dance movement practitioner Ms Nisha Purohit was initiated from 19th October. She visited regularly to our Sikar school and trained the children along with educators. Through video sessions, learnings were reinforced and practice done. There was marked improvement in body reflexes and hand eye coordination after this workshop.
- ❖ As part of convergence and outreach, we provided services of our special educator to district court as sign language interpreter.
- ❖ AKJ chief executive Sudeep Goyal attended Executive Committee meet of National Institute for Empowerment of Persons with Intellectual Disabilities (NIEPID) on 22nd October at Secunderabad (Telangana). We visited the premier institute facilities and learnt about best rehabilitation practices being followed. Meeting with Joint Secretary (Department of Empowerment of Persons with Disabilities), Director and other functionaries was very productive with many issues of organizational development, policy matters and strategic decisions discussed and constructive brainstorming done. Teaching and Learning Material Kits were distributed to persons with intellectual disabilities.



- ❖ Eight of our Children with hearing impairment took mid term examinations along with their regular counterparts at a mainstream senior secondary school as part of our Inclusive /remedial teaching program. All of them are pursuing Grades IX and X and have been progressing well. **It was heartening to know that few of them scored more marks than their non disabled friends.**



❖ Activities in pictures:





- ❖ As part of sensitization of allied stakeholders, we oriented 40 nursing trainees from MTCC Jhunjhunu about disability – early detection and intervention. On 13th November, they spent half day with our educators in the school and learnt the nuances. Most of them were only aware about physical disability and did not know about other forms of impairment one may have.
- ❖ Special Olympics Rajasthan State Selection Camp was organized at Jaipur on 14th November in which two athletes with intellectual disabilities from our Sikar school participated and assessed for Basketball and Volleyball National Games.



- ❖ On Children Day 14th November, Children Fair at Vatsalya Seva Samiti Raiwasa was attended by our children of Asha Ka Jharna special school Sikar who enjoyed a lot having field day. A variety of swings, clowns, puppet dance and snacks counter followed by a delicious lunch was served to them along with colourful cultural performances.
- ❖ Media as opinion maker is a crucial stakeholder and we always use this platform to raise issues concerning our sector. On 18th November, during a select invited gathering of prominent citizen, we highlighted the lack of livelihood options, non-conformity of inclusion in Govt schools and poor state of accessibility for persons with disabilities before Sh. Gulab Kothari, managing editor of Rajasthan Patrika (prominent regional daily). He assured to take up coverage of these vital issues.
- ❖ A webinar on less touched subject 'Sexuality & Special Needs: Let's Talk' organized by NIEPID was attended by our educators and interactions made.
- ❖ As capacity building of other special schools, our chief functionary took opening session on a CRE program titled 'Effective Classroom Communication' organized by Tapovan Institute Ganganagar. More than one hundred special educators across the country participated in this webinar.

AKJ Flagship Inclusion Event :

- ❖ On the occasion of International Day for Persons with Disabilities, Asha Ka Jharna in partnership with The Hans Foundation celebrated Inclusive Children Festival on 3rd December 2021 at S K School Ground Sikar (Rajasthan). We invited 250 children from 16 normal (government & private schools) as well as shelter homes for orphan children and one school exclusively for slum children. They along with 150 of our special needs children from three units participated in day long events. Day started with District Collector Sh. Avichal Chaturvedi and Deputy Director of Social Justice Empowerment Sh.O. P. Rahad along with special children letting balloons off to sky. Play cards

depicting equal rights, equal opportunity, making all building barrier free under Accessible India Campaign were flashed. Following this, more than 16 sporting competitions were organized including fifty & one hundred meters race, sack race, spoon race, jalebi jump, musical chair race, three legged race, long jump, painting in which children participated enthusiastically. In all sports, both disabled and non-disabled children were there attempting inclusion. Special children also proved their talent by winning many prizes. Highlight of the day was the catwalk on the ramp and cultural tableaux of different states of India which stole the show. Children also enjoyed many amusement activities including puppet dance, bouncy swing, balloon bursting. Juice biscuits and chocolates were distributed by Digambar Jain Social Group. In the price distribution ceremony, Assistant Director Child Empowerment Ms. Priyanka Paree, Child Welfare Committee President Dr Madhu Arya, Member Ms. Reena Trihan , Vaish Samaj Trustee Sh. Suresh Aggarwal , Former CWC member Sh. Kamal Kant



Sharma, Counselor Ms. Pramila Singh encouraged the children by handing over prizes and pledging to support equal rights of persons with disabilities. Trainee students of Shekhawati Special Education Training College volunteered in the event and Nursing students of Shekhawati Nursing Institute provided medical services with First Aid Box. All the children were provided with participation award and certificate. Day ended with sweet memories and fostering of new friendship with children vowing to take along their special buddy to the path of development. Feedback we received from non-disabled children validated our intended objectives of inclusion , sensitization of young citizens & showcasing talent of children with disabilities.





विश्व विकलांग दिवस पर उसके स्कूल के खेल मैदान पर हुआ आयोजन, रैंप पर कैटवाँक किया सामान्य को पछाड़ कर विशेष बच्चों ने जीते मेडल, बोरी दौड़ में पहले, दूसरे और तीसरे स्थान पर दिव्यांग खिलाड़ियों का कब्जा

भास्कर संवाददाता | सीकर

आशा का झरना और द हंस फाउंडेशन नई दिल्ली की ओर से विश्व विकलांग दिवस पर शुक्रवार को उसके स्कूल के खेल मैदान पर विशेष व सामान्य बच्चों के बीच समावेशित बाल उत्सव का आयोजन किया गया। इसमें 16 से अधिक प्रतियोगिताएँ हुईं।

आशा का झरना के निदेशक सुदीप गौयल ने बताया कि लड़कों को हुई बोरी दौड़ में सामान्य बच्चों को पीछे छोड़कर पहले, दूसरे और तीसरे नंबर पर दिव्यांग बच्चे इमरान, साहिल व जायद विजेता रहे। उत्सव का उद्घाटन कलेक्टर अविचल चतुर्वेदी व सामाजिक न्याय अधिकारिता विभाग के उपनिदेशक ओमप्रकाश राहड़ तथा विशेष बालक लक्ष्य, तनीषा, सानिया, तौफिक व ऊषा द्वारा गुब्बारे उड़ाकर किया गया। कार्यक्रम में आशा का झरना विशेष स्कूल सीकर व नवलगढ़, वर्धमान विद्या विहार, आदर्श बियानी स्कूल, कन्या पाठशाला बजाज रोड, ज्ञान भारती पब्लिक सैकेंडरी स्कूल, एडवेंचर ग्लोबल एकेडमी, ग्रीन वैली स्कूल, वात्सल्य धाम, परमार्थ सेवा समिति,



विश्व विकलांग दिवस पर दौड़ में भाग लेते विशेष और सामान्य बच्चे।

एसके स्कूल, श्री करणी विद्यालय, कस्तूरबा सेवा संस्थान, मारू गर्ल्स स्कूल, दशरथ मनोविकास संस्थान तथा स्वामी विवेकानंद पुनर्वास संस्थान नीमकाथाना के बच्चे शामिल हुए। विजेताओं को बाल अधिकारिता विभाग की सहायक निदेशक प्रियंका पारीक, बाल कल्याण समिति अध्यक्ष डॉ. मधु आर्य, सदस्य रीना त्रिहान, वैश्य समाज ट्रस्टी सुरेश अग्रवाल, कमल शर्मा, काउंसलर प्रमिला सिंह ने पुरस्कार दिए। अल्पहार की व्यवस्था दिगंबर जैन सोशल ग्रुप की ओर से की गई।

ओलिंपिक में जाएंगे विजेता

आशा का झरना के निदेशक सुदीप गौयल के अनुसार प्रतियोगिता में विजेता रहे विशेष बच्चों को स्पेशल ओलिंपिक में भिजवाया जाएगा। इधर, प्रतियोगिता के दौरान मानसिक विमर्दित बच्चों ने रैंप पर कैटवाँक किया। इसके अलावा बच्चों ने भारत के विभिन्न प्रदेशों की सांस्कृतिक झांकी निकालकर दर्शकों को मंत्रमुग्ध कर दिया। कठपुतली नृत्य, बाउंसमी झुला व गुब्बारा फोड़ने में भी बच्चों ने स्टिक निशाने लगाए।

प्रतियोगिता में इन्होंने पाया पहला स्थान

लड़कियों की बोरी दौड़ में श्री करणी प्राथमिक स्कूल की आशा प्रथम रही, जबकि लड़कों में आशा का झरना नवलगढ़ का इमरान पहले नंबर पर रहा। म्यूजिकल चेयर में आशा का झरना नवलगढ़ का इरफान, सॉफ्ट बॉल में परमार्थ का सचिन, जलेबी दौड़ में आदर्श बियानी स्कूल की तानिया, पेंटिंग में आशा का झरना की सादिया, लॉग जंप में कस्तूरबा संस्थान का संदीप, लड़कियों की 50 मीटर दौड़ में आदर्श विद्या मंदिर की शिवानी सैनी, लड़कों की 100 मीटर दौड़ में वात्सल्य धाम रैवासा का लक्ष्मण, लड़कियों में आदर्श बियानी की इंशा सोलंकी, इधर, लड़कियों की तीन टॉग दौड़ में बजाज रोड की प्रवीण व आशा का झरना नवलगढ़ की सादिया पहले नंबर पर रही, जबकि लड़कों में एसके स्कूल का सैफ अली व चम्पक दौड़ में ज्ञान भारती के देवेश ने पहले नंबर पर कब्जा जमाया।

- ❖ State consultation to make Rajasthan Disability Inclusive was held by Department of Social Justice & Empowerment, Govt of Rajasthan at Jaipur on 3rd December to commemorate International Day for Persons with Disabilities. We were among top five NGOs only invited by department to share views and present suggestions. We submitted following memorandum:

On the occasion of International Day for Persons with Disabilities, we heartily welcome your initiative to brainstorm among stakeholders to

make our state disability inclusive. We have shared our presentation during state consultation separately and are willing to hand hold the state offering following solutions to issues raised:

- a) To address lack of credible actionable disability Data in State, we suggest Government to develop a Mobile App on the lines of MP linkage of which can be provided by us.*
- b) Universal accessibility of built environment, transport & ICT is to be ensured by June 2022 as per RPwD Act timeline. We in the capacity of certified access auditor can support in this. SIPDA Funds may be explored for retrofitting*
- c) There is no standardized curriculum and assessment tools for children with intellectual disabilities at State/NGO run schools. Performance indicators may be developed in our state like being done in Maharashtra under Project Disha. We are ready to become a knowledge partner and rolling out same here in collaboration with Jai Vakeel School Mumbai. (A brief concept note is enclosed herewith)*
- d) To tackle low UDID coverage, mission mode approach may be adopted taking front line professionals like RCI Training Centers Trainees / ASHA / AW / ANM on board. NGO like ours may be given access to UDID dashboard in each district to track the progress in coordination with DLOs.*
- e) Convergence with Schemes of Other Bodies may be sought. We may explore the funding of insurance premium under National Trust Niramaya scheme for persons with intellectual & developmental disabilities.*
- f) Establishment of Composite Rehabilitation Centre at Jaipur as one stop solution for assessment, distribution of aids & appliances, therapeutic intervention and rehabilitation of persons with disabilities must be expedited by the state as funding for this would be provided by Central Ministry. We may push the cause to higher authorities.*

❖ Sixteen of our children with intellectual & hearing disabilities performed before audience assembled to witness 4th foundation day of AURA. At auditorium of science park at Jaipur on 7th December. our children presented a collage of diverse and rich cultural legacy of our country. Dressed in traditional attire of Assam, Gujarat, Punjab and Rajasthan, they displayed skills in folk dance with brilliant footwork, expressions and body movement.



Case Study:

The Case study is based on the observation from the Dance Movement Therapy Workshop conducted during the months of October & November 2021 through a series of weekly onsite visits by professional trainer & dance movement practitioner Ms Nisha Purohit of AURA Foundation Jaipur at Asha Ka Jharna Special School Sikar. She imparted the training to both children with disabilities as well as educators.

Dance Movement Therapy is based on systematic application of movement, music and dance principles combining movement- oriented sequence of dance patterns and free flowing techniques allowing every child with disability to understand his/her body better and work on the body muscles that require strengthening. It improves attention and concentration of learners and gives them the liberty to be expressive of their emotions using movements. It also helps in enhancing social interactions, develops vocabulary skills using the imitation of the repetitive movements. Group bonding, improved body image, stimulation of verbal communication skills and strengthening of fine motor skills are other takeaways.

This was an event-based workshop in which we could observe the basic changes in the children from start to the end. This report is not based on any medical supervision. It is based on emotional content, rhythm, form and space relations.

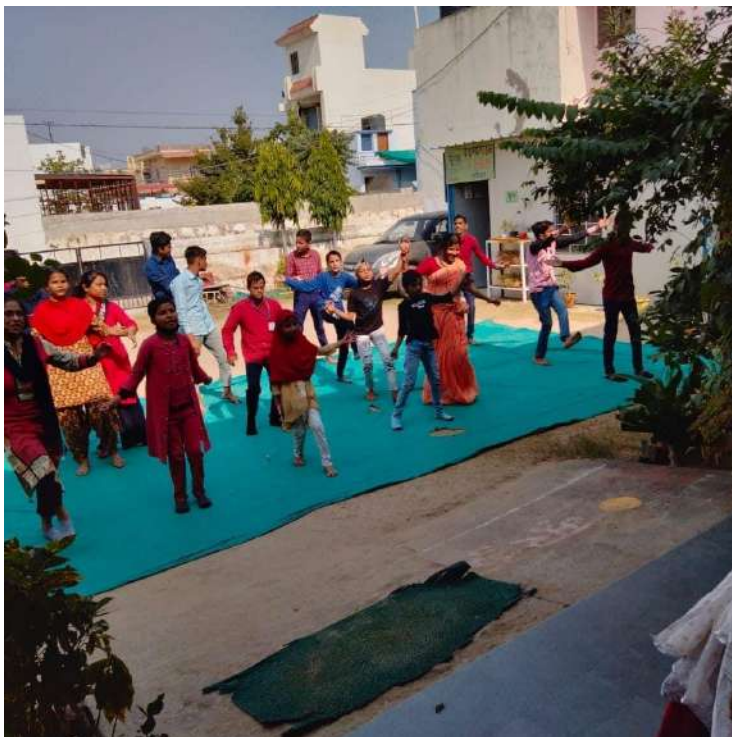
Initially, the children were finding difficulties to form a tempo at times rhythm but the most important thing which was observed was the emotional connection with the therapist wherein the emotional response helped us to improvise the difficulties they were facing in developing the tempo, hold and seek comfort zone in the given space.

Slowly and gradually with challenges of hearing the beats they did very well, followed the hand movements and after a certain period of time the body knew when to move which means they start memorizing it. Simultaneously the body and mind were getting aligned.

Finally on 7th December, before the august gathering at Science Park Auditorium, Jaipur sixteen of AKJ children performed a medley of different Indian cultural legacy by enacting fusion dance of five states dressed in traditional attire. Audience applauded and appreciated that performance. This study shows that if this would be continued it would help them on the wholistic personality development. It was a great experience with these wonderful kids, I thank the whole team and Sudeep sir for your patience, believe and cooperation. Looking forward to have such wonderful experience again.

Thanking you,
Nisha Purohit,

Founder: Aura Foundation.



- ❖ As per our planned objectives, we have been redesigning and redeveloping student curriculum based upon ICF and SRV framework. Intensive brainstorming and conceptual study with Ms Arpita Yadav,

Lead Content Developer followed by validation of draft resource material by our educators is underway.

- ❖ Celebrations are more special when you include those having lesser opportunities. New year 2022 was welcomed by an inclusive activity between AKJ students and those from a premier public school. On the same day, birthday of the prominent industrialist Sh. Gautam Murarka was celebrated among our children.



- ❖ **Prabodhan** - A series of excellent learning modules on organizational capacity building, legal & statutory compliance was attended by us. Through the journey of nine weeks starting 6th January, resource persons guided the participants to a path of greater accountability and record keeping meeting the requirements in letter and spirit of the prevailing statutes including Income Tax, FCRA, CSR, Labour Codes, NGO Darpan etc. We were found fully compliant on most of the parameters.
- ❖ On 8th January, school uniform, woolen sweaters and shoes were distributed to sixty of our Sikar students.



- ❖ We always raise heightened voice against rights violation of children with disabilities. To protest against sexual assault on a young girl with hearing impaired at Alwar and apathy of administration, our children and team took a silent procession at Sikar on 13th January.



- ❖ Equally important is sustained advocacy concerning our sectoral issues. To highlight the scarcity of sign language interpreter in our state, we persuaded media to carry the story.



- ❖ Uplifting people with intellectual and developmental disability in a dignified way involves creating a respected profession for those that

walk beside such people as support workers. Inaugural Trainer Certification Course for "Foundations of Direct Support" conceived by Keystone India Institute was attended by our senior technical adviser Ms Monalisa Mehta. Through the rigorous on-line modules from 20 to 22th January and onsite training on 3rd & 4th March held at Delhi, she graduated to be a master trainer and would further train educators & parents here.



❖ Special COVID Vaccination camps for our children at AKJ falling under both age bands 15 plus and 12 plus in phased manner were organized in collaboration with medical department at Nawalgarh & Sikar schools. Seventy-five children got vaccinated during these drives. Now 100 % of our team members and eligible children (>12) are immunized against the deadly virus.



❖ Five days 'Advanced training in accessibility' from 24th to 28th January organized by 'Enable Me Access Association Vadodara' & 'College of Engineering, Trivandrum' was attended by our chief functionary in which various provisions of National Building Code and Harmonized Guidelines were elaborated in context of assessment, planning & evaluating accessibility features for persons with reduced abilities.



❖ On 26th January 2022, we were felicitated by cabinet minister Government of Rajasthan at district level Republic Day function acknowledging our services to children with disabilities and child protection activities.



- ❖ On 4th March, our Nawalgarh school children were taken to a local fair as part of our community engagement policy. They interacted with other visitors and enjoyed themselves a lot.



- ❖ We also did advocacy at different Government and multi-lateral funded projects to ensure equal participation and addressing accessibility needs of persons with disabilities in urban development spheres. Government of Rajasthan announced setting up open gyms & community halls at all local bodies. We urged the department to include universal design elements in these structures. Similarly, we approached Asian Development Bank (which has been funding urban landscaping & development works at Nawalgarh) requesting to include accessibility features in all projects to which they confirmed in affirmation.

- ❖ As part of capacity building of NPOs, we conducted a learning webinar on 5th March in which our chief functionary deliberated upon compliance & sustainability measures to be taken in light of amended FCRA Act, Income Tax Act, CSR Rules and other statutes. More than fifty participants across the country attended this event.

- ❖ Our self-advocate Rashmi Sharma, a young girl with intellectual disability presented herself confidently before a nationwide gathering of 200 plus delegates at '**National Conference on Self Advocacy**' organized by National Institute for Empowerment of Persons with Multiple Disabilities Chennai. She along with her mentor Suman Tailor participated in many sessions during three days event from 10th to 12th March.



❖ Inclusion is the way of life. On 16th March, AKJ children celebrated Holi – Festival of Colors along with their counterparts from a premier public school.



❖ It's heartening when young generation prefers to celebrate their birthday with those children not so privileged. Our Jhunjhunu school children were happy to welcome concerned citizens to celebrate their joys. We thank our goodwill ambassador Sh. Viplav Neola, Deputy Director, Women Rights Jhunjhunu for showing this gesture of solidarity with our cause.



❖ 28 of our children took term end examinations under NIOS stream for three levels (Grade 3rd, 5th and 8th). All of them cleared their grades and are promoted to next class.



CHILDLINE 1098 SIKAR ACTIVITIES AT A GLANCE

- ❖ During the reported period our CHILDLINE SIKAR did multiple activities both direct intervention and training of stakeholders as well as community sensitization and outreach. Due to COVID 19 second wave lockdown, outdoor activities and physical engagement with community could not take place during initial weeks as planned. From July 2021 onwards, we did following activities:
 - Awareness in Govt. Departments
 - Targeted awareness during COVID Vaccination Camps
 - Awareness through participation in Gram Sabhas
 - Celebrating Anti-Child Labour Day
 - Stickers Pasting on Buses, Autos & Bikes
 - CHILDLINE Stickers Pasting in various residential and commercial apartments
 - Our team member attended two days capacity building workshop on challenges of greater cyber exposure and digital abuse of children. This important training was organised by UNICEF Jaipur.
 - On 10th November, child beggar/labour free Sikar campaign by launched by district administration and CHILDLINE Sikar. We initiated signature drive and got local traders to pledge not engaging child labours in their enterprises. On 18th November, we in collaboration with directorate child rights Sikar organized a district level workshop on child protection with all stakeholders. We presented district statistics, action plan and vision before National Commission on Protection of Child Rights convened high level meeting. Our team rescued twenty four children begging on the streets of prominent religious place Sh. Khatu Shyam Ji during December itself. We also conducted a special drive there in sensitizing local community, police personnel's and others not to encourage child begging and labour.

Impact by CHILDLINE SIKAR:

- Regularity in DCPU, SJPU and District Labour Task Force Meetings has been ensured by our sustained efforts and pursuance.
- Close Networking with Police has been instrumental in rescuing child beggars and labours more efficiently and effectively.
- Our team has been deposing in various courts across Sikar district in cases against employers engaging child labours

- During one of DCPU meeting, we had offered our services to schools during No Bag Day (Saturday of every week). Circular got issued from DEO in this regard. Now our team has been sensitizing students and teachers by regularly visiting schools across the district.
- 1098 visibility has been enhanced significantly by getting it printed on OPD slips of all government hospitals including CHC/PHC of Sikar district. Thousands of patients and their attendants now come across CHILDLINE message every day.
- Post COVID train services restoration, we again connected with railway authorities at different stations Sikar Junction; Ringas Junction and Neem Ka Thana of Sikar district to make them watch for possible child trafficking and runaway/unattended children on trains and station followed by intimation to CHILD LINE 1098 SIKAR for rescue and restoration. We also placed anti child trafficking flexes at different railway stations of Sikar district to make passengers aware and raise the alarm if anyone comes across abandoned, missing or unattended child or group of children in trains and platforms.
- We took an initiative in outreach named 'Touch The Border' through which our team members were supposed to visit last mile of Sikar district border and do intensive outreach activity there to enhance 1098 visibility and spread awareness. From 21st to 28th September 2021, our team conducted multiple outreach events at twelve locations across Sikar district bordering Jhunjhunu, Churu and Jaipur districts.



CHILDLINE SIKAR ACHIEVEMENTS :

From inception since July 2015 till March 2022, we have served 2913 children & their families in need of care and protection vide a whole range of intervention services:

Child Labour Rescued	393
Medical Assistance Provided	208
Linked to Sponsorship/Palanhar Scheme	187
Protection from Physical / Sexual / Mental Abuse	448
Children Provided Shelter	108
Begging Street Children Rescued	392
Missing / Abandoned Children	203
Stopped Child Marriages	120
Emotional Support & Guidance	59
Linked to Govt Schemes & Counselling / Information	738
Non Classified Assistance Provided	57

❖ **During this period 11065 calls were received on our Helpline No 1098**







❖ During the reported period, on line webinars and learning cohorts were regularly attended by us actively. Few of these included:

- ✓ Role of Civil Society in COVID Preparedness By Niti Aayog on 8th April 2021
- ✓ Webinar on 12AB / 80G & CSR 1 By FMSF on 8th April
- ✓ National Conference on Disability Inclusive Disaster Management on 20th April
- ✓ Monitoring & Evaluation Symposium By HCL on 20th April
- ✓ Webinar on Partnership By GOODERA on 22th April
- ✓ Vaccination Drive Webinar By Niti Aayog on 26th April
- ✓ Impact of Key Regulatory Amendments By KPMG on 28th April
- ✓ Boosting Transparency & Accountability By Ashoka University on 28th April
- ✓ Getting CSR Funds & Donor Ready By CSR Hub on 4th May
- ✓ Workshop on Communication Tools By Impact Yog on 8th May
- ✓ Rights of Child By Manovikas on 8th May
- ✓ Inclusive Education in the light of NEP on 16th June
- ✓ Organizing Virtual Classrooms By NIEPID on 17th June
- ✓ Intervention by families with children in lockdown on 30th June
- ✓ Regional Consultation on COVID 3rd Wave preparedness and way forward By CHILDLINE India Foundation on 3rd July 2021
- ✓ IEP Development Tools By Manovikas on 3rd July
- ✓ Integration of Sustainable Development Goals in Gram Panchayat Development Plan By NIRD on 22nd & 23rd July
- ✓ Dance Movement Therapy By AURA Foundation on 17th July
- ✓ Speech Development in children with down syndrome By Manovikas on 17th July
- ✓ UDID Card – Procedure and way forward By Shaurya Foundation on 17th July
- ✓ How to write success story By Impact Yog on 27th July
- ✓ National convention on digital best practices By National Trust on 07th August
- ✓ Working wonders with PDF By NASSCOM on 26th August
- ✓ Inclusive Education By Anugraham on 29th August
- ✓ Webinar on Sexuality & Developmental Disabilities on 19th September
- ✓ CSR Landscape -Opportunities & Challenges By BoschVYK on 27th – 28th September

- ✓ National Trust Annual General Meeting on 28th September
- ✓ Revival of Special Olympics Rajasthan on 29th September 2021
- ✓ AKJ Long Term Strategic Roadmap & Social Media Engagement policy documents discussed and finalized (drafted by Pro Bono volunteers of Toolbox India Foundation) on 1st October 2021
- ✓ PARIVAAR EGM on 2nd October
- ✓ Impact Assessment for CSR By BOSCH-VYK on 4th & 5th October
- ✓ Intervention for Street Children By UNICEF on 5th October
- ✓ Panel discussion on Inclusive education E- learning curriculum delivery by Anugraham
- ✓ Activating Special Olympics Bharat Rajasthan Chapter on 23rd November
- ✓ Global standard for CSO accountability Webinar By VANI on 24th November
- ✓ CBM – PARIVAAR Livelihood Project Review Meeting on 26th November
- ✓ Disability inclusive Self Help Group Training by CBM – PARIVAAR on 12th January
- ✓ PARIVAAR EC Meet on 15th January
- ✓ VYK – Aditi College Leadership Training Webinar on 15th January
- ✓ Special Olympics Bharat Rajasthan Chapter Strategy Meet on 23rd January
- ✓ CBM – PARIVAAR Livelihood Project Review Meeting on 16th February 2022

'Asha Ka Jharna' as a voluntary non-profit organization has been working for the cause of disability and child rights **since 1998**. Our Three special schools for intellectually disabled (including cerebral palsy, Down syndrome and other developmental disabilities) as well as hearing and speech impaired children have been providing services spanning two districts and surrounding villages in the semi-arid rural areas of north-western Rajasthan (INDIA). School based special education, therapeutic, vocational training, guidance and counseling services to more than 200 children with disabilities and their families are provided on a regular basis. Remedial teaching support to students enrolled in inclusive education setup is also provided. Open employment and livelihood options are sought for young adults with disabilities to ensure their rehabilitation into community. Training, capacity building in the field of rehabilitation and outreach services is also being undertaken.

AKJ is also a collaborative partner managing CHILDLINE (1098) - Nationwide Toll Free Helpline for children in distress providing round the clock emergency outreach services at our Sikar center.

Our Guiding principles are Enlightenment, Education, Employment and Empowerment leading to Inclusion & Accessibility.

Special School 1 : Harlal Ka Kothi NAWALGARH - 333042 Phones 91-1594-223094 & 91-1594-222930

Special School 2 : Khemi Shakti Temple JHUNJHUNU - 333001 Phone 91-1592-237537

Special School 3 & CHILDLINE National Children Help Line No. 1098 (24 x 7) : Bhagat Singh Colony Nawalgarh Road SIKAR - 332001 Phone. 91-1572-256537 Rajasthan (INDIA)

Emails: sudeepgo@rediffmail.com & info@ashakajharna.org

Visit us at: www.ashakajharna.org

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